

In Vino Veritas

Scribe:

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SUBSCRIPTIONS: Subscriptions to In-Vino Veritas are free with Guild membership (4 issues). Guild membership is \$6.00 a year (May to May). Make Checks or money orders payable to "SCA, Inc. Kingdom of Caid - Brewer's Guild" and mail to the The Guild's Secretary Exchequer THLord Donal O'Brien (lorddonal@yahoo.com) please email him for mailing instructions and address.

SUBMISSIONS: All submissions will be used, time and space allowed. Send submissions by email to Agnarr Kloengsson at tigerztale@comcast.net



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Masterbrewer

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The Crown of Caid

### Offical Guild Policies on Alcohol Legal drinking age in California is 21 years Always have a Designated Driver Be a responsible Host In Corpora under Corporate Policies section VIII on page 6 it states: The use of any SCA funds for the pur-chase of potable alcohol, except for such quantities as may be necessary for cooking, is prohibited in the United States and its territories. Officers are not prohibited from serving alcohol; however, it must be done as individuals, and not as part of their official duties as officers. Officers are not prohibited from giving gifts of alcohol; however, it must be done as individuals, and not as part of their duties as officers. Giving or receiving gifts of alcohol in court is not considered to be part of an officer's official duties. Calendar Oct 5 – 8 – Great Western War. Brewing Encampment, Known World Brewing Contest and more! Nov 6- Kingdom Guild meeting Being hosted by White Wolf Meadery Dec 17 - Walking the Boards Hosted by Baroness Jeanne Marie in Heatherwyne

#### From the Guild Mistress

From the Guild Mistress

It's harvest time! Time to start picking the grapes, the apples and of course, the grains. Now's the time to do a lot of brewing (time and money willing of course) and to think about advancing in rank within the Guild, if you desire to.

The Right Noble Brewer's Guild of Caid was created to help the brewers of the Kingdom make a better drink, one they can be proud of to share and to enjoy with friends. Ranking within the guild has never been mandatory and never will be. We are a resource for all brewers, we have set up guidelines to help you, as a brewer, improve your drink of choice or try a new one. About one third of the members of this Guild have decided not to use the ranking system. If you are one of those, or one of the ones that are in the ranking system, remember to use us. We have many talented and knowledgeable people here that can suggest things to try, techniques that will improve your style, or books to point you in the direction you want to go. We are very lucky to have some members that have had formal training outside of this guild and they are willing to share their knowledge also.

For those of you who haven't heard yet, we now have two Brewing Laurels in the Guild. You all know Master Tim (of course), but recently Master Tofi has joined us. This brought up the question of what rank within the Guild would any brewing Laurel from out of Kingdom hold. Our charter states:

Section 4. Policy Decisions

Policy decisions are temporary additions to the Bylaws/Charter the have the force of full charter.

- (a) Decisions may be made by:
  - 1. The Guildmaster;
  - 2. The Brewer's Council.
- (b) Decisions may be deleted by:

- The Brewer's Council, by 2/3 vote;
- 2. The Crown.

I am therefore putting forth the following policy;

Brewing Laurels

Any out of kingdom Laurel, with their primary art in brewing and a sufficient knowledge of several brewing type, shall be granted the honorary rank of Master in the Right Noble Brewers Guild of Caid. After a period of time (yet to be determined) a council made up of the Guild Brewing Masters and/or Officers will then ascertain the newcomer's suitability for the position of Master Brewer in this Guild.

We also grant the rank of intermediate brewing judge to this Laurel, if they wish to become one of the Guild's judges.

Any comments you wish to make on this policy and the one prior (judging coordinator), please send them to me. As a member of this Guild, your opinion is important.

Now, all of you -GET BACK TO BREWING!!

Therese



Take your favorite freeway to the 5 Northbound, towards Valencia/Magic Mountain;

Take the 14 (Antelope Valley Freeway)
North towards Palmdale/Lancaster:
Exit "Escondido Canyon Road" and turn
Right at the top of the Ramp;Turn Right
on Hubbard Road--the only way it goes,
and yes it is a dirt road; then SLOW
DOWN--MY HOUSE IS NOT MARKED AT
THE ROAD.

Find house #33345 (on the right). Look to your left. You will see a paved road that appears out of nowhere--that's my driveway. Turn Left into this driveway and you will see a signpost on your right that marks 33345. Turn Right into this driveway and watch out--it's steep. There will be parking at the top, and you will be met by the wolves.

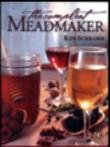
Alternate for those coming from the East (Dreiburgen area):

Take your favorite freeway to the 15 North, towards Las Vegas; At the top of the Cajon Pass take the 138 (Pearblossom Highway) West towards Palmdale; The 138 will take you to the 14 (Antelope Valley Freeway). Turn South, towards Los Angeles; Exit Escondido Canyon Road, and turn Left at the top of the ramp and then Left again at Escondido Canyon. .drive over the top of the freeway; Follow the local directions above.

Activities: Trip to the Agua Dulce Winery; Trip to Mearns Bees to see the honey extraction place. Both are about 1 mile from the house.



### By Reinhardt Medebruer



A review of The Compleat Meadmaker by Ken Schramm.

First let me say that if you are looking to make period mead this is most likely Not the book for you. That being said I

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highly recommend this book to anyone that wants to make mead . From the first time user to the master brewer you will find useful information in this book . Ken takes the first few chapters and dedicates them to covering some history, dispelling myths along the way. He then dives right in and helps you make your very first mead. The book does not support boiling of the honey water, which is why I say that this is not a book for period brewers. He even goes further and espouses a NO HEAT method of brewing! I have spoken with several other mead brewers and many agree with his views. I have always boiled or at least heated my must in order to kill anything that might be in it, and to scum any bee parts that might be in the honey. However Mr. Schramm's book inspired me to try my first no heat method mead, which is currently in the carboy.





By THL Donal O'Brien

#### Grapes:

There are 10,000 varieties of wine grapes worldwide.

An acre of land is home to between 450 and 2,200 vines.

It takes about 100 pounds of grapes to produce 5 gallons of juice.

A ton of grapes makes about 60 cases of wine, which equals 720 bottles.

Foot treading of grapes is still used in producing a small quantity of the best port wines.

The first wine grapes in California were planted in Downtown Los Angeles in 1833 at the current site of the Union Train Station.

One 750 ml bottle of wine contains 4 glasses of wine.

#### History:

The Neolithic period (8500-4000 B.C.) marked the first time in human prehistory where alcohol was fermented. They also produced bread, beer, meat, and grain dishes we enjoy today.



Dionysus was the Greek god of wine and vegetation. He showed mortals how to cultivate grapes and make wine. In 5th century B.C., he was worshipped at celebrations that became associated with licentiousness and intoxication.

The first known reference to a specific wine 💌 vintage was writen by the Roman Historian Pliny the Elder who rated 121 B.C. as a vintage "of the highest excellence."

When Mount Vesuvius buried Pompeii in volcanic lava in A.D. 79, it also buried more than 200 wine bars.

When Leif Ericsson landed in North America in A.D. 1001, he was so impressed by the proliferation of grapevines that he named it Vinland.

The first book about wine (around 1310) was by Amaldus of Villanova, a physician. Arnaldus attributed many qualities to wine including its ability to clarify turbid blood, to open the body's passages, to warm cold bodies and to cool hot ones, to prevent the "drying out" of the old and to medicate the young.

As the famous explorer Magellan prepared to sail around the world in 1519, he spent more on Sherry than on weapons.

The first complete book in English on wine (1568) was by William Turner, also a physician.

Dom Perignon (1638-1715), the Benedictine Abbey (at Hautvillers) cellar master who is generally credited with "inventing" the Champagne making process, was blind.

During the reign of William III (1689-1702), a garden fountain was once used as a giant punch bowl. The recipe included 560 gallons of brandy, 1200 pounds of sugar, 25,000 lemons, 20 gallons of lime juice, and five pounds of nutmeg. The bartender rowed around in a small boat, filling up guests' punch cups.

#### Oak Trees:

There are about 400 species of oak, though only about 20 are used in making oak barrels. Of the trees that are used, only 5% is suitable for making high grade wine barrels. The average age of a French oak tree harvested for use in wine barrels is 170 years!

Cork was developed as a bottle closure in the late 17th century. It was only after this that bottles were lain down for aging, and the bottle shapes slowly changed from short and bulbous to tall and slender.

Portugal has 1/3 of the world's cork forests and supplies 85-90% of the cork used in the U.S.

The largest cork tree in the world is in Portugal. It averages over one ton of raw cork per harvest. That's enough to cork 100,000 bottles.

The synthetic cork offers consistency in wines with a lesser chance of oxidation and a great alternative to natural cork.

Wine re-corked and placed in a refrigerator will keep for two to four days.

Removing a cork requires a pull equivalent of lifting approximately 100 lbs.





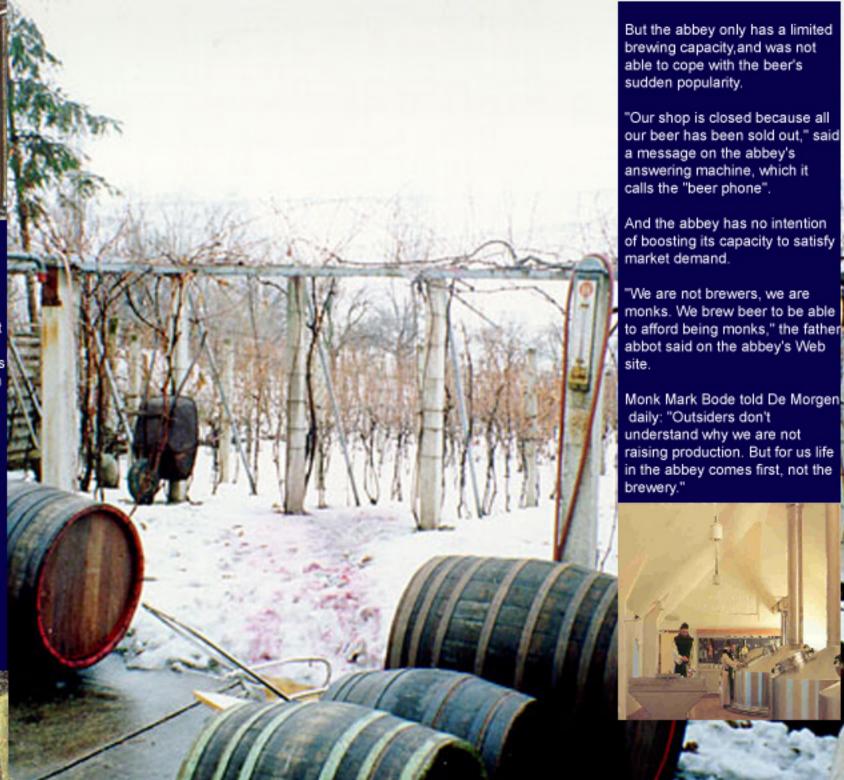
## Belgian monks run out of the world's best beer

BRUSSELS (Reuters) - Monks at a Belgian abbey have been forced to stop selling their famous beer after it was voted the best in the world and was promptly sold out.

The abbey of Saint Sixtus of Westvleteren in western Belgium is home to some 30 Cistercian and Trappist monks who lead a life of seclusion, prayer, manual labour -- and beer-brewing.

A survey of thousands of beer enthusiasts from 65 countries on the RateBeer Web site (www. ratebeer.com) in June rated the Westvleteren 12 beer as the world's best





# Brewing Herb-based Metheglins for Estrella 2006

Each year there is an Arts & Sciences Competition at Estrella War. One of the categories for the A&S Competition for Estrella War 2006 is:

Metheglin \*herb based only\*

A metheglin is a spiced mead. Please notice that the category is listed as "herb-based only".

I would expect that the judges will expecting a mead made with period herbs, with documentation to support that the herbs were used as base for metheglin or that it could be feasible that the herbs were used with sources sited.

I challenge everyone to brew at least one herbbased metheglin this year and enter into next year's Estrella War A&S contest.

An important piece of research will be defining what herbs were used to flavor (or could have been used to flavor) medieval metheglins.

THLerd Denal O'Brien

